

JW Nuances

Portfolio

My work explores experiences – emotions, situations, inner battles, and dreams, that shape who we become.

Some of my works come from deeply emotional times, like living with PTSD and burnout. Others are lighter, born from curiosity and exploration.

Each piece carries a part of my story, but I hope it also connects to yours. My goal isn't to give answers, but to open space for reflection, where your interpretations and feelings can meet mine.

INTRODUCTION

This portfolio invites you to explore the experiences that shape us — mine, yours, ours. I paint emotions, moments, and personal truths. Each artwork holds something lived, felt, or processed.

I encourage you to look at each piece through your own lens. Let your own interpretations emerge — it may lead to surprising connections. If you're curious about the context, the short texts under each painting share my perspective.

I began painting unexpectedly at 16 during an internship workshop. Over time, I've explored many approaches — from painting pictures that inspired me to expressing abstract concepts — but the common thread has always been my own experiences. Sometimes the paintings are deeply emotional, other times more observational or instinctive.

When words weren't enough, painting became my way through. I've been living with PTSD, and during the hardest times, art helped me process the weight of what I was feeling. Some paintings took months or even years to finish — not because of technique, but because of how heavy their meaning felt and the emotional finality that comes with putting them on canvas. These works form the **first part** of this portfolio.

The **second part** shows a different side — quieter explorations born from curiosity, beauty, and experimentation. Still rooted in experience, but lighter in meaning.

Thank you for being here. I hope this journey through my work gives you a moment to reflect on your own experiences.

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PART I: PROCESSES



This painting reflects the transformation that begins when someone starts therapy. The hourglass represents the time and steps one must go through.

It begins as an angry, sharp mix of negative feelings, ready to fight back at every attack. But with time, guidance, and support, every memory and story can be seen in more than one way.

Over time, reflection leads to a calmer and more flexible self, ready for the final stage of transformation: forming a whole with one's memories, emotions, and thoughts, and learning to navigate life without falling back into the darker, sharper, side.

Transformation

2021
60x80cm
Acrylic on canvas



This piece captures the start of self-reflection, with an intense look inward.

At first, you think it will be okay, like a little cruise down memory lane with a couple bumps. But the deeper you go, the harder it gets. Complex connections and emotions keep appearing.

Curiosity turns into confrontation.

You're going down the rabbit hole.

Going down the rabbit hole

2021
50x50cm
Acrylic on canvas



In this work, I capture the moment when life's noise begins to disturb one's inner peace. Whether it comes from too much work, conflicts, or unfortunate events, there is only so much one can bear.

Disturbed peace

2023
20x20cm
Acrylic on canvas



This painting shows the breaking of an emotional shield. When too many feelings build up, we often create a thin wall. We see the emotions but avoid engaging with them. But the wall is not so strong, a deep conversation with someone can break it and everything eventually comes out.

Broken Incubation

2024
50x40cm
Acrylic on canvas



This piece reflects the intensity of my burnout. Each colour represents one part of my daily life. Through the colours, I wanted to express that burnout does not necessarily arise from an overwhelming negativity. It rather develops due to the build-up of too many negative and positive situations, relations, tasks, duties, deadlines, preparations, and mental charge.

My burnout

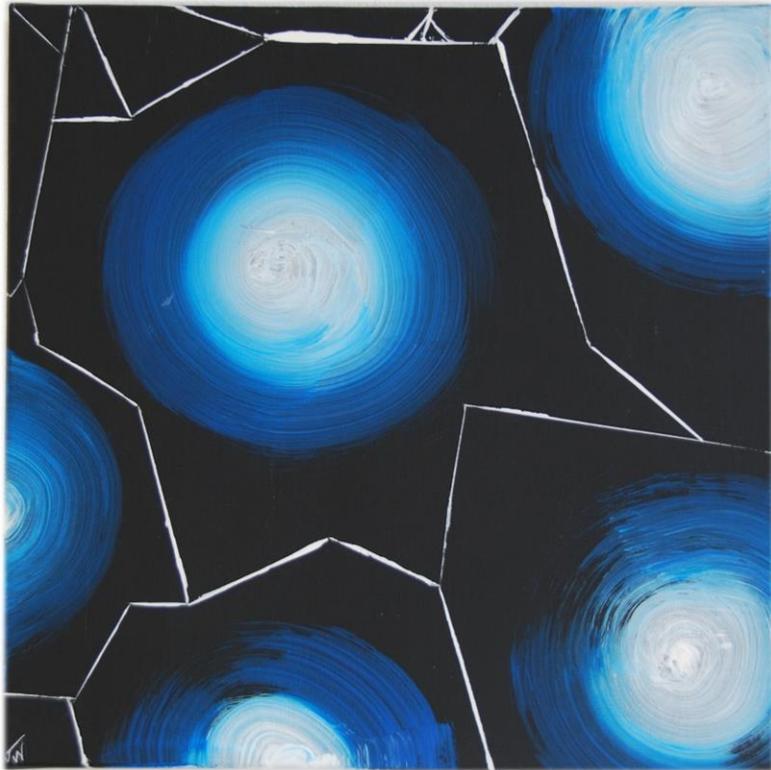
2024
50x70cm
Acrylic on canvas



This painting illustrates the choice many artists face: “Do I commit fully to art, or keep it beside another path?” One route feels defined and familiar; the other glows with possibility but is full of unknown. The position of the signature mirrors someone standing at that crossroads: between two paths, between clarity and the unknown.

Forest of choice

2025
30x40cm
Acrylic on canvas



This work captures the moment in a relationship when things start breaking. The trust, the love, the happiness are all cracking. But there are still those beautiful moments full of light, that help (or condemn?) you to hold on to the other.

Beautiful Disaster

2024
30x30cm
Acrylic on canvas



Inner Battle

2024
40x50cm
Acrylic on canvas

This piece explores the inner conflict rising when having contradicting emotions or thoughts. It can feel like a war.

The greens attack the reds on two fronts. Reds defend on both fronts from their bases. Then, the reds strike back with full force. The greens are exhausted from their massive attack. They cannot defend anymore. Who wins? Must one side win?

Co-existence

2025
20x20cm
Acrylic on canvas



... or can there be peace, with both sides co-existing?

This painting explores that possibility: that two opposing emotions or thoughts can live side by side. The composition, inspired by the Dutch-Belgian borders, shows how allocated space can actually bring peace and connection.



This piece reflects on happiness, not as perfection, but as balance. You can feel happy even when sadness or frustration is part of the landscape.

As long as they don't take the centre of your life, they make happiness more real, and maybe even more beautiful.

Golden Hour

2025

20x20cm

Acrylic on canvas

In collaboration with an
anonymous artist



With this piece I explore the concept of passion, the consuming love many of us experience at least once. It's explosive like the shots of hormones we feel in our belly. But there is rarely anything left once it is gone. Passion burns everything in its trail, that's why I used ash.

Passion

2018
20x20cm
Acrylic and ash on canvas

PART II: EXPLORATIONS

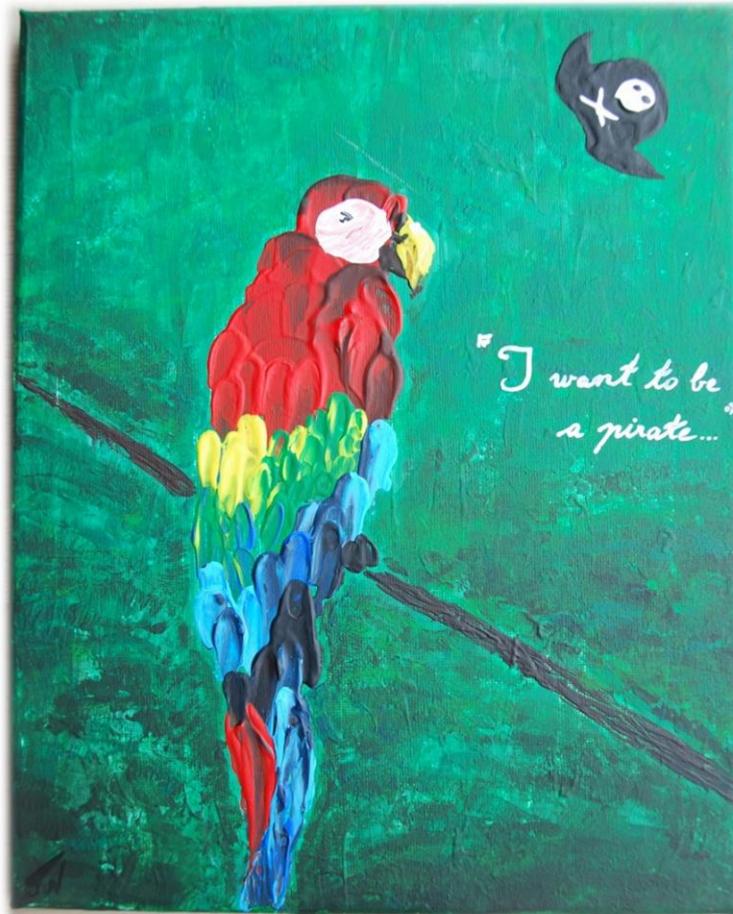


This painting reflects the duality we sometimes feel in our own reality, as if we're living two versions of the same moment.

Both can be deep and nuanced, yet completely opposite. The different shades of blue express those contrasts while still creating a quiet harmony.

Mirror

2020
20x20cm
Acrylic on canvas



I created this piece while experimenting a new technique, exploring how colours would blend and create a different kind of harmony.

It represents a friend's childhood dream that still lives within her as an adult.

The parrot stands as both the symbol of that dream and a reminder that some dreams never fade.

A child's dream

2025
24x30cm
Acrylic on canvas



An experiment in shades of gold and blue, this piece recreates a flower that caught my eye. I was drawn to explore how its intensity could be portrayed with shades of only two colours.

Golden flower

2019
20x20cm
Acrylic on canvas



When painting this piece, I felt the tension I often feel when choosing colours: the curiosity to try something new, like green fighting with the comfort of red.

The two trees translated that moment into a reminder that it's okay to be somewhere in the middle, finding a balance.

Untitled

2021
20x20cm
Acrylic on canvas



This painting started as a twist on a subject I often saw painted online.

Over time, it unexpectedly became an experiment with everyone who saw it.

In five years, only four people have guessed the intended shape on their first try, yet no one can unsee it once told the answer.

Now it is your turn, can you guess what it is?

Guess what it is?

2020
50x40cm
Acrylic on canvas

CLOSING NOTE

As you reach the end of this portfolio, I hope some pieces echoed your own experiences. My paintings begin with my story, but they live on through your interpretation. I believe art is never finished— it keeps living through the reflections and connections it creates.

If you feel like sharing your reflections, I'd love to hear them. Thank you for taking the time to see mine.

For sharing your impressions, more information (for instance on the shape of the last painting), or if you would like to see a catalogue with all my paintings and my first sculptures, feel free to contact me. You can also follow the future evolution of my world on my social media channel.

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